

The Psychophysiological Concomitants of Increasing Alpha Wave Amplitude in Anxiety and Stress Disorders through use of Cranial Electrotherapy Stimulation



The British Psychological Society
Approved

from leading worldwide clinical psychologist
Dr Lesley Parkinson M.SC C.PSCHOL.C.SCI A.F.B.P.S.S
on 21st May 2015
at The British Psychological Society, London

British Psychologist Society (BPS) approved course with approved CPD hours. Limited availability; only 80 spaces

Location: British Psychological Society, Room 10, 30 Tabernacle Street, London EC2A 4UE
£76 Early Bird until 1st May; £76 Student; £95 Full Rate
Enquiries call: 01487 208041. [Click here to book](#)

This event will cover the neuronal communication systems and pathways within the Central Nervous System and the brain as they relate to anxiety and stress. It brings together Functional Neuroscience, in particular Brainwave Activity and Psychology. Research studies covering a number of clinical applications of CES will be presented including anxiety, stress, PTSD and other anxiety related disorders. It is assumed/ expected that participants will have specialist knowledge of the psychological concomitants of anxiety and stress. Greater emphasis will be given on what is happening in the brain/ cortex and the concomitant psychophysiological effects.

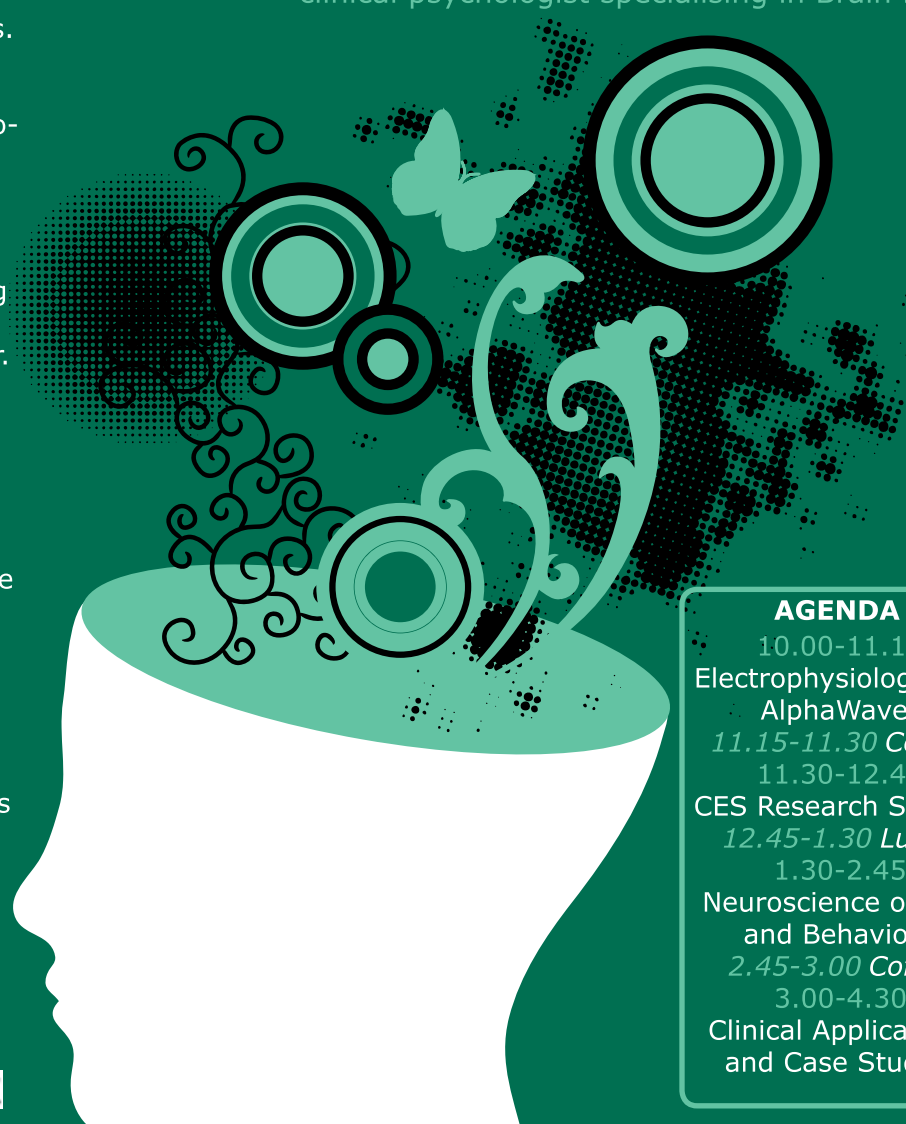
Learning Objectives and Outcomes

1. To have a greater understanding of the electro-physiology of the cortex and its impact on behaviour.
2. Also of the neuronal communication systems and pathways involved in a number of psycho-physiological disorders including the CNS/ANS relay circuits.
3. To explain how CES can facilitate the development of physiological resilience.
4. To enable participants to utilise the above knowledge in applied psychology settings, particularly clinical and health.
5. See a presentation of the results of a new UK study carried out on Anxiety and Stress.
6. Learn about other clinical applications of CES, including case studies.

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Dr. Lesley Parkinson is a leading worldwide clinical psychophysiological and lecturer, specialising in the function of the brain. She is probably Europe's most experienced consultant clinical psychologist specialising in Brain Health.



AGENDA

- 10.00-11.15 Electrophysiology and AlphaWaves
- 11.15-11.30 Coffee
- 11.30-12.45 CES Research Studies
- 12.45-1.30 Lunch
- 1.30-2.45 Neuroscience of CES and Behaviour
- 2.45-3.00 Coffee
- 3.00-4.30 Clinical Applications and Case Studies