

# Understanding the Brain and Its Energy

## A Scientific and Complementary Approach on How Alpha-Stim Works and Why

from leading worldwide clinical psychologist  
**Dr Lesley Parkinson M.SC C.PSCHOL.C.SCI A.F.B.PS.S**  
and complementary therapies practitioner,  
lecturer and trainer **Sue Ricks**  
on **Wednesday 25th November 2015**

**Location:** The Stables Function Room, White Horse Inn,  
Church Street, Seagrave, Leicestershire LE12 7LT

**Price:** £76.00

**Enquiries:** Call 01487 208041

**Booking form:** [www.etickets.to/buy/?e=13147](http://www.etickets.to/buy/?e=13147)

### Agenda

10.00 – 10.15: Introduction

10.15 – 11.15: Science behind Alpha-Stim

11.15 – 11.30: Break

11.30 – 12.30: The Brain in Action – How Alpha-Stim has a positive effect on Anxiety, Insomnia, Depression, Stress & Pain

12.30 – 1.30: Lunch

1.30 – 1.45: Why other applications in Complementary Medicine are so important

1.45 – 2.45: Energy and Chakres relating to the impact of Alpha-Stim

2.45 – 3.00: Break

3.00 – 4.00: Wider implications and application

4.00 – 4.30: How to get involved

Dr Lesley Parkinson is a leading worldwide clinical psychophysiological and lecturer, specialising in the function of the brain. She is probably Europe's most experienced consultant clinical psychologist specialising in Brain Health.

Sue Ricks runs the Sue Ricks Clinic & School of Complementary Therapies. Based in Loughborough, she practices and teaches extensively. She is an author and has produced DVDs, charts and other items to help people learn.

